*"**Think** differently, **Act** confidently, **Be** the best version of yourself".*

T-A-B Think Act Be Training Solutions

Level 1:

Substance Misuse Awareness



1 day | Virtual or face-to-face | Contribution to CPD hours

COURSE BENEFITS

- Develop an understanding of the causes of substance misuse
- Enhance knowledge to identity to make healthier options
- Develop strategies to support staff & colleagues and guidance
- Improve health, wellbeing and workplace relationships

Course Overview

- Understanding the basics around substance misuse
- HIdentify key issues in relation to substance misuse
- Discuss key issues regarding substance misuse

What's Covered?

- ✓ **Understanding what substances are commonly misused and why**
- ✓ **The social and personal effects of substance misuse**
- ✓ **Perceptions and reponses to substance misuse**



Bespoke to YOU

Engage, Motivate, Empower

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