T-A-B Think Act Be
Training Solutions

QA
QUALSAFE AWARDS
REGISTERED CENTRE
Centre No.: 907983

QA Level 2 Award in

Basic Life Support for Adults and Children (RQF)



½ day course

Ofqual regulated

Certificate valid for 1 year

Be Prepared

Would you know what to do in an emergency?

The **QA Level 2 Award in Basic Life Support for Adults and Children (RQF)** is a regulated and nationally recognised qualification designed to equip candidates with the essential skills needed to administer safe, prompt and effective basic life support in an emergency situation.

It is the perfect qualification for those who have a specific responsibility at work, or in voluntary and community activities to provide basic life support for adults and children. It is also ideal for qualified first aiders who are looking to refresh their knowledge and practise the latest basic life support techniques.

What's Covered?

- Assessing an incident
- Managing an unresponsive casualty who *is not* breathing normally:
  - Recognising when to commence CPR and defibrillation
  - Adult CPR and defibrillation
  - Child CPR and defibrillation
  - Infant CPR and defibrillation
- Managing an unresponsive casualty who *is* breathing normally:
  - Assessing levels of consciousness
  - Opening the airways
  - Checking breathing
  - Recovery Position
- Managing choking
  - Recognising the signs of choking
  - Choking treatment for adults, children and infants

Book Now with

T-A-B Training Solutions Ltd

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