

<b>First Aid</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Method</b>
Level 3 Award in Emergency First Aid at Work (RQF)	1 Day	Classroom
Level 3 Award in First Aid at Work (RQF)	3 Days	Classroom
Level 3 Award in First Aid at Work Requalifying Course (RQF)	2 Days	Classroom
Level 3 Award in Paediatric First Aid (RQF)	2 Days	Classroom
Level 3 Award in Paediatric First Aid (Annual Refresher) (RQF)	1/2 Day	Classroom
Level 3 Award in Emergency Paediatric First Aid (RQF)	1 Day	Classroom
Level 2 Award in Basic Life Support and Safe Use of an Automated External Defibrillator (RQF)	1/2 Day	Classroom
Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation (RQF)	1/2 Day	Classroom
Level 2 Award in Basic Life Support for Adults and Children (RQF)	1/2 Day	Classroom
Level 2 Award in Basic Life Support and Management of Anaphylaxis (RQF)	1/2 Day	Classroom
Level 3 Award in Forestry First Aid +F (RQF)	1/2 Day	Classroom
<b>Mental Health First Aid</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Style</b>
Level 1 Award in Introduction to Mental Health in the Workplace (RQF)	1/2 Day	Classroom/Virtual
Level 2 Award in First Aid for Youth Mental Health (RQF)	1 Day	Classroom/Virtual
Level 2 Award in Understanding Mental Health in the Workplace (RQF)	1 Day	Classroom/Virtual
Level 3 Award in Mental Health First Aid in the Workplace (RQF)	2 Days	Classroom/Virtual
Level 3 Award in Understanding Mental Health in the Workplace for Managers (RQF)	2 Days	Classroom/Virtual
<b>Health &amp; Wellbeing</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Style</b>
Level 1 Wellness in the Workplace	1/2 Day	Classroom/Virtual
Level 2 Wellness in the Workplace	1 Day	Classroom/Virtual
Level 3 Wellness Champions in the Workplace	1 Day	Classroom/Virtual
Wellness Workshops	1/2 Day	Classroom/Virtual
<b>Health &amp; Safety</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Style</b>
Level 1 Award in Health and Safety in the Workplace (RQF)	1/2 Day	Classroom/Virtual
Level 2 Award in Health and Safety in the Workplace (RQF)	1 Day	Classroom/Virtual
Level 3 Award in Health and Safety in the Workplace (RQF)	3 Days	Classroom/Virtual
Level 2 Award in Working at Height (RQF)	1/2 Day	Classroom/Virtual
QA Level 2 Award in Health and Safety in Health and Social Care (RQF)	1 Day	Classroom/Virtual
QA Level 2 Award in Principles of COSHH (RQF)	1/2 Day	Classroom/Virtual
QA Level 2 Award in Principles of Risk Assessment (RQF)	1 Day	Classroom/Virtual
QA Level 3 Award in Risk Assessment (RQF)	2 Days	Classroom/Virtual
QA Level 2 in Safe Moving and Handling (RQF)	1 Day	Classroom/Virtual
QA Level 2 in Principles of Manual Handling (RQF)	1/2 Day	Classroom/Virtual
T-A-B Level 1 CDM Awareness	1/2 Day	Classroom/Virtual
IOSH Working Safely (RQF)	1 Day	Classroom/Virtual
IOSH Managing Safely (RQF)	3 Days	Classroom/Virtual
IOSH Managing Occupational Health & Wellbeing (RQF)	1 Day	Classroom/Virtual
<b>Fire Safety</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Style</b>
QA Level 1 Award in Fire Safety Awareness (RQF)	1/2 Day	Classroom/Virtual
QA Level 2 Award in Fire Safety (RQF)	1 Day	Classroom/Virtual
<b>Conflict Management</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Style</b>
T-A-B Conflict Management	1/2 Day	Classroom/Virtual
<b>Investigation of Incidents</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Style</b>
T-A-B Investigating Accidents and Incidents	1/2 Day	Classroom/Virtual
<b>Customer Care</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Style</b>
T-A-B Customer Care	1/2 Day	Classroom/Virtual
<b>Safeguarding</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Style</b>
Level 2 Award in Safeguarding Children & Young People (RQF)	1 Day	Classroom/Virtual
<b>Substance Misuse</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Style</b>
Level 1 Award in Substance Misuse Awareness (RQF)	1 Day	Classroom/Virtual
Level 2 Award in Substance Misuse (RQF)	1 Day	Classroom/Virtual
<b>Equality &amp; Diversity</b>		
<b>Course Title</b>	<b>Duration</b>	<b>Delivery Style</b>
Level 1 Award in Equality & Diversity	1/2 Day	Classroom/Virtual

**Please note:**

Accredited courses can be delivered through Quasafe, Highfield, NUCO and IOSH - Recognised Quality Frameworks (RQF)

All courses listed above can be delivered via T-A-B Training Solutions (In-House/Non-Accredited) which can be tailored to customer requirements.

If you require a course that is not listed above please contact us on 03330 342 566 or email [info@tabtraining.co.uk](mailto:info@tabtraining.co.uk)